HOUR ONE BUNDLE: INITIAL RESUSCITATION FOR SEPSIS AND SEPTIC SHOCK (BEGIN IMMEDIATELY):

1) Measure lactate level.*
2) Obtain blood cultures before administering antibiotics.
3) Administer broad-spectrum antibiotics.
4) Begin rapid administration of 30ml/kg crystalloid for hypotension or lactate ≥4 mmol/L.
5) Apply vasopressors if hypotensive during or after fluid resuscitation to maintain a mean arterial pressure ≥ 65 mm Hg.

*Remeasure lactate if initial lactate elevated (> 2mmol/L).
Surviving Sepsis Campaign

www.survivingsepsis.org